

TESTIMONIAL BOOK
OF THE
GRANDVIEW HOTEL
AT
BANFF HOT SPRINGS.

The Grand View Hotel is situated right beside the Hot Springs, so that full benefit is derived from the waters. New Bath Houses in connection with the Hotel. Billiard Room. Tub, Plunge and Shower Baths, Hot or Cold. All Modern Conveniences. Free Bus meets all trains.

RATES FROM \$10.00 TO \$12.00 PER WEEK

ACCORDING TO LOCATION OF ROOM.

ANALYSIS OF BANFF WATER:

At a temperature of 127 Farn. Test was made by Prof. Osler of Philadelphia, in 1886.

Sulphuric	Anhydride	51.26
Calcium	Monoxide	24.48
Carbon	Dioxide	16.47
Magnesium	Oxide	4.14
Sodium	Oxide	27.53
		123.88

Total Solids per 100,000 found by experiment, as existing in this Water.

Calcium	Sulphate	56.85
Magnesium	Sulphate	12.39
Calcium	Carbonate	3.29
Sodium	Sulphate	15.60
Sodium	Carbonate	35.73
Selicia		Traces.
Organic Matter		Traces.

A. D. WRIGHT, PROPRIETOR,
BANFF NATIONAL PARK, CANADA.

TELEPHONE CONNECTION.

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♦ ♦ ♦ OR ALPINE CLIMBING?

When You Visit the Canadian National Park call at our

CURIO STORE

We furnish camp outfits, pack horses and guides for fishing,
hunting and exploring parties.

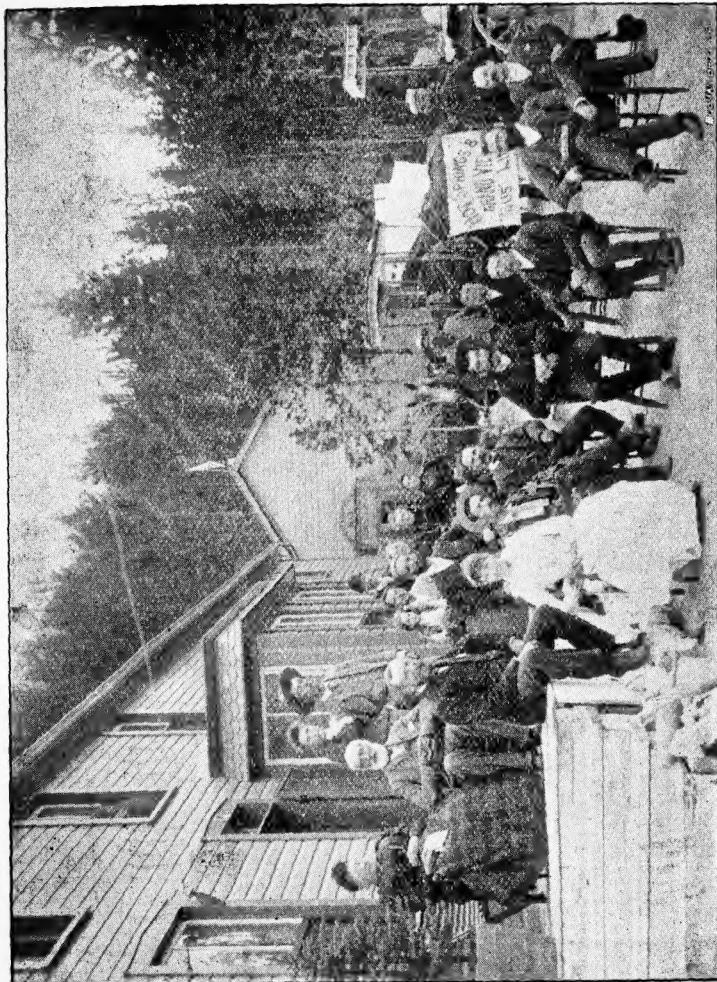
We have the only collection of
**INDIAN CURIOS, MOUNTED HEADS,
BIRDS, FURS, ROBES, ETC.**

in the National Park. All visitors welcomed at our museum.
Mail orders promptly executed.

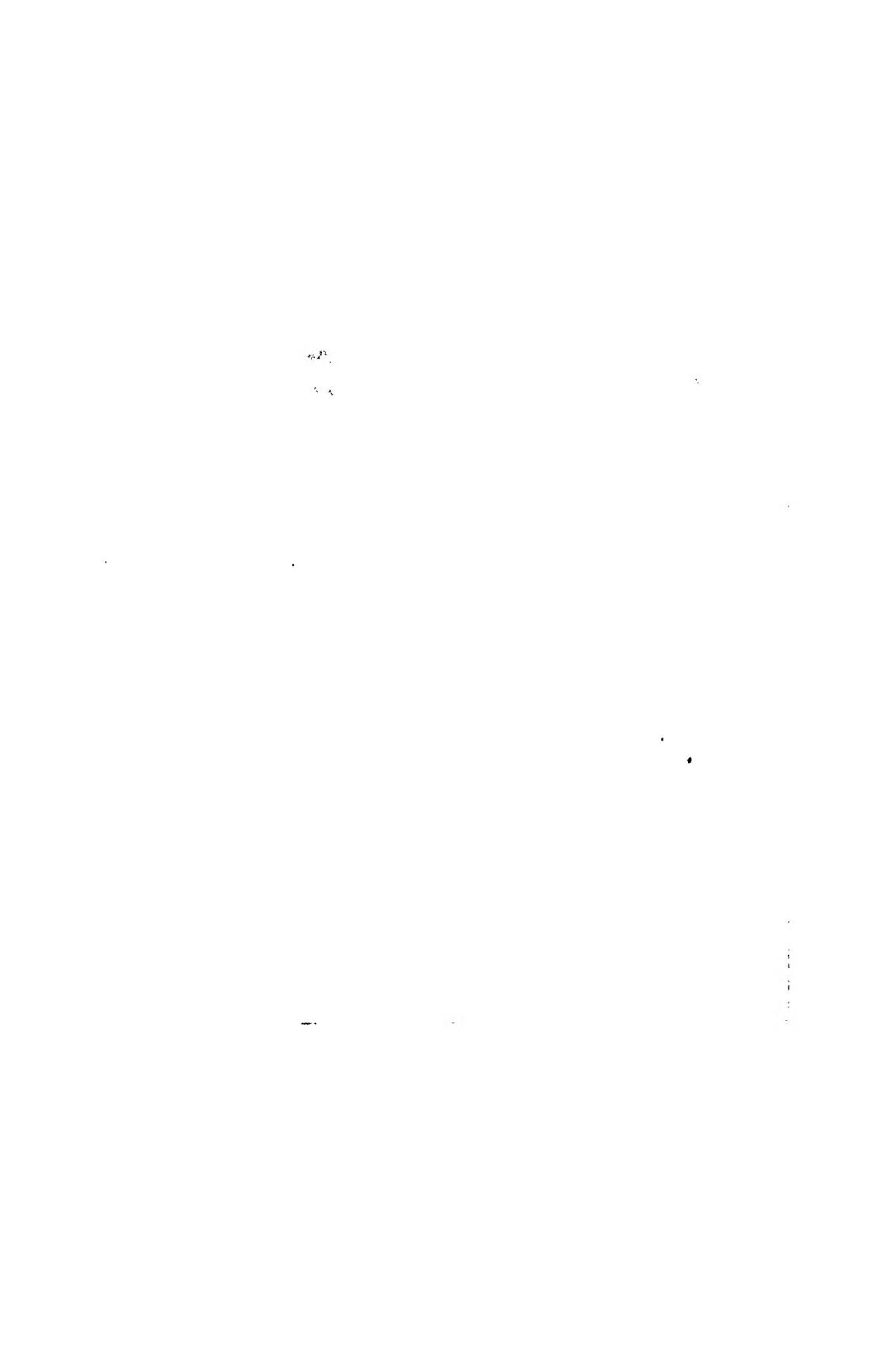
**WILSON & FEAR,
BANFF.**

150-

rate



GRAND VIEW HOTEL, BANFF.



BANFF.

WITHOUT doubt the most fascinating of all resorts on this continent for those who desire to be far from the madding crowd and its ignoble strife is Banff, on the line of the Canadian Pacific Railway, about thirty miles from the eastern boundary of the Rocky Mountains. Few places have found such speedy recognition of their attractive novelties, and none have better deserved the encomiums of enthusiastic tourists. But it is well that intending visitors should know what they can, to see and understand the nature of the locality they propose to visit. They will not find the romping gaiety of a closely packed seaside hotel, nor the statuary and carpet gardening of a European palace on exhibition. Banff is *sue generis*, but in its kind cannot be excelled. The Banff hot springs are some natural wells of mineral waters having peculiar medicinal qualities. Here is the Bow River Valley, which carries the mingled waters of the two rivers meandering through the Canadian National Park. The run to Banff, from the last station on the western verge of the great Saskatchewan plains, has been described in word painting by many writers, but perhaps by none more simply or more accurately than by Lady Macdonald. "Here the pass we are travelling through has narrowed suddenly to four miles, and as mists float upwards and away, we see great masses of serried rock rising on each side, ranges towering one above the other. Very striking and magnificent grows the prospect as we penetrate into the mountains at last, each curve of the line bringing fresh vistas of endless peaks rolling away before us, all tinted rose, blush pink and silver, at the sun lights their snowy tips. Every turn becomes a fresh mystery, for some huge mountain

seems to stand right across our way, passing it for miles, with a stern face frowning down upon us, and yet a few moments later we find the giant has been encircled and conquered, and soon lies far away in another direction."

A well known writer, speaking of Banff, says:—"The drive from the station to the Grand View Hotel is the finest in the park, and one finest views is right at the Grand View Hotel. The Grand View Hotel is situated at the hot springs, so that full benefit is derived from the waters and the mountain air. The park is twenty-six miles long, by ten wide. A public pleasure ground without an equal. Streams have been bridged, roads laid out and trails cut, penetrating for miles into the solitudes, so that in several directions the visitors may drive, ride or wander afoot, or seeking the most favorable spots for pencil, kodak, rod or gun. There is excellent trout fishing in the bright and rapid Bow River, and good trolling on Devil Lake, a distance of ten miles from the Grand View Hotel. A steam launch, besides boats and canoes, has been placed on the Bow River and the Devil Lake for the use of visitors, enabling them to make excursions on the river and to Vermillion Lake. There is good duck shooting on and about the neighboring lakes in the season, and for the more adventurous, the mountain sheep (Bighorns), and mountain goats offer a temptation, to which men who have gained other laurels in the sporting world are glad to yield."



THE HOT MEDICINAL SPRINGS.

Though Banff is chiefly a resort of tourists and pleasure seekers, its waters have properties that are commended strongly by medical men to patients who have rheumatism, lumbago, dyspepsia, asthma, neuralgia, paralysis, blood poisoning, delirium tremens, nervousness, headache, and pains across the small of the back, eczema, indigestion, liver and kidney complaint, salt rheum, inflammatory rheumatism, la grippe, scrofula, sciatica, catarrh and all other skin diseases.

The pipes that take the water to the C. P. R. Hotel and the Sanitarium, are two and a half miles long, from the hot springs so that the water gets cold before reaching them.

The Grand View Hotel is the right place for the patients. They get the benefit of the water by being at the head of the springs, by taking the baths and drinking the kidney water.



THE GRAND VIEW.

Written for the press by S. R. Reid.

BANFF, ALBERTA, August 7th, 1894.

"How wonderful are Thy works, oh God!" This scriptural phrase cannot but come to mind during one's first visit to Canada's great National Park. There is something awe inspiring about the mighty Rockies. At times the peaks may look bleak and lonely but at this season of the year, when nature is in her happiest mood, the snow capped summits contrast prettily with the sombre brown of the upper portions and the dark green forests which adorn the lower slopes. But it is in the valleys of the big park through which o'er pebbly beaches and rocky precipices flow the rivers Bow and Spray and their numerous tributaries that nature has spread her gifts most lavishly.

Sitting here on the broad verandahs of the Grand View one is permitted to gaze upon a panorama which no artist could ever hope to faithfully reproduce. To the north in bold relief lies Cascade Mountain overlooking its smaller brother Tunnel Mountain, now noted for its corkscrew drive while to the right rises the Rundell range which to the south-east as far as the eye can reach forms a huge sloping wall along the banks of the Spray. We are 5,500 feet here above the level of the sea and three miles from the little railway station and under our feet as it were we gaze at the meeting of the waters—the turbulent Bow and Spray. To our right we look down upon the latter and direct in front between Tunnel mountain and the Rundell range like a garden of the gods the valley of the Bow stretches out before us. Truly a picture—the spirited stream evidently enraged on account of its union with the Spray rushes madder than ever, savagely lapping the shores of the small but heavily wooded islands. Along the banks through the valley interspersed with clumps of jack pine and spruce and green with beautiful verdue one catches glimpses of the winding stage road and in the distance where the haughty river makes an

abrupt turn the irregular lines of the Devil's Head range rise far above the horizon's rim.

The clouds are rising from the mountains so we will step out upon the pavilion and change our view. Directly behind us our vision is confronted by Sulphur Mountain, which after consulting a map we learn is 7,455 feet above the sea level. It is from the bowels of this mountain of curious formation that the waters of the world renowned Hot Springs boil forth. The spring is only a few steps from the hotel verandah. Now it is carefully enclosed and sends forth a rushing stream—an abundance in one day to bathe the world's unwashed millions. Twenty years ago it flowed down the side of the mountain forming pools here and there, where the dusky Blackfeet were wont to bathe and wash away their infirmities. From time immemorial according to tradition the water of this spring was held in great repute by the Indian medicine men. And its healing powers have in no wise diminished. The analysis of the water shows sulphur and magnesia to be present in large quantities and the temperature varies from 108 to 112 farenheit. Eczema, sciatica, inflammatory rheumatism, lumbago, la grippe, blood poison and all other kinds of skin diseases yield to its curative powers. It is a holy sight to see men advanced in years raising their hands in heart felt prayer and thanking their creator for deliverance from the pangs of disease. It has been estimated that the crutches left by cured men and women in Banff during the past few years would make a picket fence around a government homestead. The Grand View is situated on the side of Sulphur Mountain alongside the spring proper and is connected with the railway station three miles distant by a well made carriage road which winds in a circuituous way through the woods to the hotel. This drive to and from the station is one of the most picturesque in the park and one that is always enjoyed by the tourist. Free carriages run between the trains and the house and the greatest attention is paid to those in poor health. Still the Grand View hotel is not a sanitarium. It is a well appointed hotel with large airy rooms, a well equipped bath house, perfect sanitary arrangements, livery connections, a well supplied culinary department with a good cook and a well arranged dining service. Seldom have I seen a more cheerful dining hall for men and women to congregate in than the tastily adorned hall of the Grand View through the large windows of which a most slighty view of mountain, valley and stream is obtained. As a summer resort the Grand View offers attractions not obtained in any other part of the country.

It is not the centre of fashion, but a quiet home-like spot where "far from the madding crowd" the man of the world may drop his cares and worries and recuperate his worn out frame, surrounded by as many of his friends or family as he chooses to have with him. The invigorating atmosphere, the delightful drives along the banks of the Bow and Spray, through forests green where the roar of the waters is ever heard with the mountain peaks frowning o'er head.

The sail and trout fishing on that pretty sheet of water with its picturesque surroundings and which by the way bears Satan's name; the exciting mountain climbing expeditions; the hunting parties and canoeing trips are all enjoyed by the visitors at the Grand View who care for outside sports. Inside an excellent billiard parlor, checkers, chess and other harmless games help to make social life agreeable. As a health resort the Grand View fills a place that could not be vacated. Situated as it is at the head of the spring the water in all its purity pours continuously through its bath parlors and the invalid although being able to indulge in innocent amusement and meet a sufficient number of refined people to save from ennui, gets the proper rest and is not disturbed by the whir of railway trains or screeching steam whistles. And above all the terms are so moderate that people of limited means may enjoy the benefits of the hotel, the spring and its surroundings as well as the purse proud. The Grand View rates range from \$10 to \$12 per week according to the location of room. Each guest is entitled to one hot bath each day free, and free bus connects with all trains. Then hard by on the mountain side is located another spring which is fast coming into public notice. It is said to have a beneficial effect upon the kidneys and the water is already being shipped in large quantities to different parts of the province. This is known as the kidney spring. Mr. A. D. Wright, proprietor of the Grand View, is a gentleman of wide business experience, possessed with the affability and courtesy so necessary in the hotel business. Mrs. Wright presides as mistress in a way highly creditable. Any one can recommend the Grand View and go home with a clear conscience.

GTESTIMONIALS.

E. J. Ryan of Toronto, Ont.

After ten months' doctoring and taking all kinds of patent medicines to try to get cured of Inflammatory Rheumatism, I thought I would try Banff Hot Springs. I was in a distressing condition for over ten months. I have been at the Grand View Hotel for four weeks, and now I am going back a cured man. I recommend Mr. Wright's hotel as the place to get cured of rheumatism.

G. Pecholke, Post Office, Saskatchewan, Alta.

I arrived at the station on Wednesday, December 20th, 1893, and had to be carried to the bus by three men from the train, and the same at the Grand View Hotel, and for five days had to be carried in blankets by two men to the baths. I had two men to look after me, night and day, to give my meals and turn me over. In five days I could walk a little with crutches, and in seventeen days I was cured of the worst kind of Inflammatory Rheumatism. I am leaving for home and feel all right. Thanks to Mr. and Mrs. Wright for their kind attention.

A. McClean of Calgary, Alta.

I had rheumatism for over two years, and was a great sufferer. I tried the best doctors and all kinds of patent medicines. They say that Pink Pills are good for rheumatism. They are no good for rheumatism. I have been at the Grand View Hotel for four weeks and am going home cured. I thank Banff Hot Springs for it.

L. Armitage of Quebec, Que.

I came to the Grand View Hotel to try and get cured of rheumatism. I have been taking the bath for seven weeks and am going home cured. I recommend all sufferers to come to Banff Hot Springs; they will be sure to cure you.

Anthony Griffin of Elora, Ont.

I came here on September 1st, 1893, nearly blind from the effects of La Grippe. I could not see to read either writing or print. After being here two weeks I could manage to read a little. I am leaving for home to-morrow, October 1st, able to read either writing or print, and my general health is very much improved.

C. A. Bunn of Brandon, Man.

I came to the Grand View Hotel, September 4th, 1893, on crutches, from rheumatism, after trying Pink Pills, Paine's Celery Compound and all kinds of other medicines, and also the best doctors. I had to be

carried from my room to the baths. I am leaving for home, and thank God, I am cured, and left my crutches at the Grand View Hotel. Mr. Wright, your Hot Springs have produced a complete cure in my case, and I will recommend the springs to all my friends.

Ash. Kennedy of Winnipeg, Man.

I came to the Grand View Hotel, September 27th, 1893, with a bad case of eczema. Doctors were useless, and patent medicines all failed to cure me. I have been taking the hot sulphur baths for over two weeks, and now am happy to say I am perfectly cured and completely free from the troublesome disease. Mr. Wright, I owe you unbounded gratitude, for the hot sulphur springs and the kindness I received at your hotel.

Frank Crany of Toronto, Ont.

I came here on 19th November, 1893, to get cured of rheumatism, having heard that the Hot Springs of Banff had that curative property. They far exceeded my expectations and I am now completely cured. I have been here just ten days. I can honestly recommend the hot baths to anyone afflicted with rheumatism.

P. J. C. Nesbitt of Medicine Hat.

Terrible case of rheumatism cured at the Grand View Hot Springs in three weeks.

B. F. Dickens of Belleville, Ont.

Rheumatism and swelling of the legs. I was unable to walk. I heard of the Hot Springs and got cured in three weeks.

G. C. Major, Gt. Yarmouth.

Was almost helpless with rheumatism ; terribly afflicted ; could not bend his body or sit in a chair. Was cured in one month.

E. E. Richardson of Belleville, Ont.

It is with pleasure I speak of the hot sulphate baths. Was suffering with rehumatism for five years. Was cured in three weeks. The hot water did more for me in that time than a doctor would have done in three years.

Robert Walker of Carlake, Ont.

Came to the Grand View Hotel. A lack of nerve force, caused with rheumatism suffering for two years, but got cured in two weeks. I feel like a new man.

Robert Rene of Montreal, Que.

I took twenty-four baths at the Grand View Hotel, and was cured of rheumatism in four weeks.

Jos. Short of Calgary.

Felt used up and my appetite was very poor. After taking in the mountain air I eat and sleep well. I have great pleasure in speaking well of the hot bath.

L. Contelt of St. Paul.

Quite cured of rheumatism in ten days.

Wm. Pratt of Riddneys.

I took the baths for two weeks, and was cured of rheumatism in that time.

P. Stak of Lethbridge, N. W. T.

I suffered with pains in my legs for three years, with rheumatism, and got cured by taking the baths. I feel as bright as a boy now.

A. Cormton of Regina, N. W. T.

I could not walk, and had to be helped around. Was on crutches when I came to the Grand View Hotel. I was entirely cured in six weeks.

Thomas McNeill of Calgary.

Arrived at the Grand View Hotel June 20th, 1889, helpless, and could not walk. Had rheumatics so bad that I had to be carried from my bed to the baths. In three weeks was cured.

Frank Renill of Winnipeg.

With blood poisoning. Cured in two months.

Alf. Ashdown of Winnipeg.

Bad case of inflammatory rheumatism. Had a man to look after him for two weeks, and in three weeks was able to help himself. Went home in four weeks cured.

Archie McDonald of Moosomin, N. W. T.

A great sufferer with rheumatism. Was cured in three weeks.

Jas. Ryan of Vancouver, B. C.

Loss of voice. Cured in two weeks.

Thos. Ward of Rat Portage.

I was troubled with rheumatism for two years, and got cured with the hot baths in one month.

J. M. Moody of Calgary.

I have been a great sufferer with salt rheum. Cured in three weeks.

J. Stevenson of Calgary, Alta.

Had attack of rheumatism. Was cured in two weeks.

R. W. Bagley of Calgary, Alta.

Was on crutches at the hotel, and was helpless; had to be helped to his baths. He had been treated by various physicians and took Paine's Celery Compound, which did not do him any good. Was cured by the hot baths in four weeks.

Jas. Stranger of Montreal, Que.

Was distressing for six months with rheumatism. Was cured by taking the bath for four weeks.

George Steebert of Gretna, Man.

I suffered from liver and kidney troubles. Got cured by drinking the kidney water at the Hot Springs, in three weeks.

Mrs. S. E. Wellman of Kananaskis, Alta.

Came to the Grand View Hotel with weak eyes. I could not see to read, writing or print. After I had been at the Grand View Hotel and taken the baths for three weeks my eyes got better and I could see all right.

George Brown of Port Arthur, Ont.

I had the rheumatism in my feet and could not put on my boots for some time. The water cured me in two weeks, and I thank God for it.

Mrs. Brown, wife of George Brown, of Port Arthur, Ont.

Was troubled with rheumatism, and was cured at the same time as her husband.

Jas. H. McCormick of Nanaimo, B. C.

Inflammatory rheumatism. Cured in five weeks.

Jas. H. McCormick of San Francisco.

Was confined to his bed at Nanaimo, B. C., for nearly seven months. Arrived at the Grand View Hotel January 20th, 1892, and was completely cured in five weeks. When he arrived he was on crutches, and helpless from rheumatism. He had to be carried to and from the baths to bed.

John P. Mikels of Montreal.

Was on crutches when he came to the Grand View Hotel springs. Had rheumatism; was cured in three weeks, and went away in good health.

Mrs. Dowie of Winnipeg, Man.

After three years of agony I was cured of rheumatism. The water is a wonder.

B. Larson of Winnipeg, Man.

After trying a good many doctors, they could not cure me of rheumatism, but was cured in ten days at the hot springs, and I thank the water for it.

Mrs. Shaver of Montreal, Que.

Came with my husband to the Grand View Hotel. I had rheumatism for two years, and took all kinds of medicine. I tried the best doctors in Montreal, and they could not cure me, but I was cured in four weeks at the hot springs.

J. Cousder of Toronto, Ont.

Medical skill done me no good, but the springs cured me of rheumatism in fifteen days.

F. Low of Vancouver, B. C.

My hands were stiff with rheumatism and I could not use them. After taking the bath for four weeks my hands were all right. The water is the stuff.

Thos. Dougherty of Port Arthur, Ont.

Helpless with rheumatism for four years. The hot baths cured me in five weeks and I am now able to be around.

A. R. Mann, came from Chicago.

I was used up with rheumatism, and had suffered very much with the pains all over me, and in six weeks I was cured. The baths are wonderful.

Dr. Wilson, of Morden, Man.

They could not cure me at the Harrison Springs, B. C., and came to the Banff Hot Springs bad with rheumatism. I was in pain, but got well cured in three weeks.

A. G. Hall, of Minnedosa, Minn.

I had inflammatory rheumatism, and was in a distressing condition for over seven months. In four weeks I was cured by taking the hot baths.

Allin Smith, of Morrisburg, Ont.

I came to the Hot Springs to see if the baths would do me any good. After taking the baths for six weeks I am going away cured of chronic rheumatism. Praised be God, restored to my wonted health and strength again.

B. F. Foster, Virden, Man.

With inflammatory rheumatism I was laid up in bed for nine months. I came to Banff to try the waters, and am glad to say they have cured me in three weeks.

L. R. Mackenzie of Winnipeg.

A bad case of La Grippe. Cured in two weeks.

Mrs. J. Walker of Schrieber, Ont.

I arrived at the Grand View Hotel on Thursday, January 25th, 1894. I have been a great sufferer from rheumatism. I had the best doctors, and tried the Turkish baths and all kinds of patent medicines; Paine's Celery Compound, Pink Pills, Hood's Sarsaparilla, and found they did me no good. I am taking the baths now, and I feel sure they are going to cure me.

Robert Kelock, Calgary, Alta.

I came to the Grand View Hotel to try and get cured of rheumatism. I was at the Calgary Hospital for two months. I was helpless when I came to the springs. I got cured in three weeks and am glad of it.

John Rothwell of Lanark, Ont.

Laboring under a very bad case of sciatica and rheumatism. Remained here three weeks and got cured with taking the baths and drinking the water. I recommend all sufferers to drink lots of the water. It is just the medicine.

N. H. Sylvis, Semeau, Alaska.

Mine was a severe case of sciatica. I have tried all the best doctors and tried all other springs. They could not cure me. But I can say the Grand View Springs cured me, and gladly testify to the superior merits of the Grand View hot springs.

E. C. Brooks, Nanaimo, B. C.

The hot water knocks out the medical practitioner. I had sciatica for over two years and was treated by the best physicians, and I tried all kinds of medicines, but they did me no good. I heard of Banff, and came here. I could hardly walk. After being here for two weeks taking the baths I got cured.

Mrs. Jos. Carey of Winnipeg, Man.

I had rheumatism for over a year in its most acute form. Was totally incapacitated and in a distressing condition for over a year. I heard so much of the wonderful cures of the Banff Hot Springs, I thought I would try them. I have been here for five weeks and I am goin home cured. I will recommend the Banff Hot Springs to all my friends.

John Ryan of Grand Forks, Minnesota.

I was recommended to come to the Grand View Hotel, as it is right at the springs, by Mr. John Rothwell. I have been troubled with sciatica for five years, and suffered very much. I have been taking the baths and drinking the water for five weeks, and now I feel like a boy of eighteen, and cured.

Chas. Wright of Winnipeg.

Bad case of lumbago. I tried the Hot Springs, Arkansas ; they could not cure me, and I came to Banff Hot Springs. I got cured in three weeks. It did me more good in three weeks than the doctors or medicine would do in a year.

J. Mitchell of Toronto, Ont.

I have had rheumatism for two years and could not do any work. Heard of Banff and came to the Grand View Hotel ; took the baths for three weeks. I am going home cured. It is a grand remedy for rheumatism, and I hope all who read this may benefit by my recommendation.

Robert Lowe of Griswold, Man.

Paralysis of muscles. Came to the Grand View Hotel to try the baths to see if the water would do me any good. I could not dress myself and was helpless. Took the baths for three weeks, and am going home cured.

Robert Grundy, Grand Forks, Dak.

I have much pleasure in testifying to the efficacy of the sulphur baths. I arrived here crippled up with rheumatism and was hardly able to walk out. After a couple of weeks' treatment I am perfectly well, and am going home feeling I am a new man. I can also recommend the Grand View Hotel as a first-class hotel.

Mrs. Brown of Iroquois, Ont.

I have been at a good many springs to see if I could get cured of my rheumatism, but they did me no good. I heard of Banff water and I thought I would make the last trial. I took the baths for three weeks and now I feel sure I am cured, and I was treated well at the Grand View Hotel.

John McLatches of Ottawa, Ont.

I have been troubled with pains in my legs and feet for over eight months. It was rheumatism. I tried a good many doctors, but they did me no good. I have been here for seventeen days and the pains have all gone. Am going home cured. I strongly recommend the Banff Hot Springs, and go right up to the springs.

John Genelle, Tappen Siding, B. C.

I was in the hospital at Kamloops, B. C., for four weeks to try and get cured of rheumatism. It was no go; they could not cure me. I came to the Grand View Hotel Hot Springs and got cured in three weeks. I recommend the springs to those who have rheumatism.

J. M. Dwan of Toronto.

I have taken all kinds of medicine, but they failed to cure me of rheumatism. I heard of Mr. Wright's hotel, of the great cures he has made, and I thought I would try his hot springs. I was there for three weeks on crutches, but got cured all right, and am convinced of his wonderful cures.

H. E. Heblin of Calgary, Alta.

I was laid up with La Grippe for a good many weeks, and thought I would try the hot baths. I was at the Grand View Hotel for two weeks, and was cured of it. I will always be pleased to recommend the hot baths for La Grippe.

B. Bannerman, Winnipeg, Man.

I had La Grippe for one month. It is impossible for me to properly express my joy and thankfulness for the good the hot baths have done for me and the benefit I have derived from them. I was cured in two weeks of La Grippe.

E. Lewis of Nelson, B. C.

I arrived at Banff on crutches, and could not help myself—I was almost helpless, and suffered much with rheumatism. I had to be carried from bed to the baths for two weeks; after that I was able to walk a little. After being at the Grand View Hotel for four weeks I was cured of all my pains and rheumatism.

Ed. Beevup, Montana.

I had paralysis very bad, could hardly walk, and suffered much. I often said to my friends that it would be better, if it were the Lord's will, that I should be called away. I was at the Grand View Hotel four weeks, and now I am going home a cured man. I can recommend the Banff Springs to all sufferers.

Mr. Newman of Portage la Prairie, Man.

Ex-Mayor.

A year ago I was given up by the doctors. They could not cure me of lumbago. I tried all kinds of medicines, but they done me no good. I heard of the great cures at the Grand View Hot Springs. I have been there two weeks, and now I am going home cured.

Frank Wilson, Wetaskawin, N. W. T.

Felt used up and my appetite was very poor. Now, having taken the hot baths for three weeks, I eat and sleep well. I take great pleasure in recommending the hot baths.

J. Duncan, Rat Portage.

I came to Rat Portage with a large number of boils. They disappeared after using the water one week.

J. S. Fry, Canmore.

Arrived at Hot Springs with pleurisy, brought on by a severe attack of La Grippe, and after staying a period of ten days was able to start home, a sound man.

Thomas Strong, Lambton Co., Ontario.

Arrived at Grand View February 11, 1894, with rheumatism, which I have had for ten years. After trying all kinds of medicine and receiving no benefit from it, I came to Banff. After staying twenty-four days now I go home a complete new man, without any pain whatever. Believe me, I thought I was going to be no more good. I can kick up above my head now, where before I was hardly able to walk. I believe this water is the only sure cure for rheumatism. I owe my life to this water.

James Johnston, Calgary, Alberta, N. W. T.

Came to the Grand View February 24, '94, with inflammatory rheumatism. I am leaving for home March 17th cured from all pain. I can recommend the Hot Springs to anyone with rheumatism. Drink plenty of the water.

P. D. McDonald, Telegraph Supt. M. & N. W. Ry., Portage la Prairie.

For three years I have suffered with sciatica. Only those who have been afflicted know the painfulness of the troublesome disease. Doctors and patent medicine failed to give any relief. As a last resort my friends advised me to try Banff Hot Springs. June 13, '94, I arrived here, helpless, and I may add, hopeless of ever being cured. Before I was here three weeks my pains and aches began to leave me. I testify here for the benefit of suffering humanity, that the multitudes of people who are suffering as I have suffered, may be benefitted as I have at the Grand View baths. Much credit is due Mr. and Mrs. Wright for the kindness they have exercised in looking after the comfort of their guests.

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POST OFFICE STORE,

BANFF AVENUE

Are You Fond of Rowing?

AT THE BOW RIVER BOAT HOUSE

You will find a splendid assortment of boats and canoes to select from. While at the National Park don't forget to take a trip up the Bow River or to the Vermillion Lakes.

PRICES MODERATE. GOOD FISHING.

TESTIMONIALS . . .

Thos. V. Jordan, Donald, B. C.

I came here on the 1st of March. I had suffered from muscular rheumatism for over two years. Am leaving on 31st, and am glad to say that I believe myself cured. I have found all the comforts of home at the Grand View, and I shall always recommend all my friends to visit that establishment, as I feel sure they will be well treated and receive full benefits by taking the waters at the very spring where it is both hottest and strongest.

F. Garnham, Moosejaw, N. W. T.

I came here with sciatica. Twenty-one days and two baths a day relieved me of all pain, besides improving my physical condition to a remarkable extent. I go home feeling confident that all my ills (if not miseries) have been washed away. I shall always be ready to testify to the benefits I have derived physically after a three weeks' trial at the Grand View Hotel.

"No more blisters, no more pills;
Grand View baths will cure all ills."

E. L. D. Gustin, Alexander, Minn.

The hot springs at Banff, Alberta, is a sure cure for sciatica. I arrived at the Grand View June 29, '94, on crutches, nearly bent double. I had been that way for more than three months. Two weeks after arriving at Grand View I climbed to the top of the sulphur mountain, and in eighteen days took my departure home, feeling like myself once more.